

MG5025 – Ground Wilderness Search and Rescue



Introduction

The goal of Search and Rescue is to locate, stabilize and extract individuals in distress. This could be a hiker on the side of a mountain or a trapped disaster survivor, etc. Each area of Search and Rescue employs techniques specific to the circumstance.

A Search and Rescue operation consists of three separate operations: **Size-up** involves assessing the situation and determining a safe action plan. **Search** involves locating victims and documenting their location. **Rescue** involves the procedures and methods required to extricate the victims. We are going to use a modified short version of CERT Light Search and Rescue Operations for this event.

Objective

On the field, we'll search for possible victim(s) and evidence of a plane crash. The team will assess the situation and provide first aid for different wounds. Extraction of the victim(s) will require building a temporary stretcher and navigate through obstacles.

Demonstrate knowledge and use of the following AY honors.

- Basic and advanced First Aid
- Orienteering (Topographic maps)
- Camping skills 1, 2, 3, 4
- Knots and lashes
- Campcraft

Participants

10 Master Guides. For large clubs, 2 teams of 10 can participate.

We highly recommend wearing boots, long pants, long shirts, gloves. The terrain is an open field with long grass and wild weeds.

We recommend carrying a backpack with water and other essentials and using a walking stick.



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Material

We are listing the minimum, but you can bring extra material to be successful in this event.

- Backpacks to carry the equipment. Multiple backpacks are recommended for weight distribution.
- Material for the stretcher. There are different temporary stretchers. You pick the method (for example, using a tarp, blanket, webbing, rope, jacket, duct tape, etc.) <u>https://www.youtube.com/watch?v=xNA_UwsMSgQ</u>
 - \circ Two (2) 8' feet 2x2 poles depending on the stretcher method used.
 - Two (2) 3' feet 2x2 poles depending on the stretcher method used.
 - One (1) 50 feet ¼ Rope depending on the stretcher method used.
 - Tarp, jacket, duct tape, webbing, or blanket.
- Notebook and pen or pencil
- GPS 1 minimum (more recommended). A smart phone with a GPS app can work.
- Compass 1 minimum (more recommended)
- 1 package of ground flags
- First aid kit with bandages and material to stabilize fractures.
 - Twelve (12) triangular bandages (cut diagonally, a squared piece of material, 40 inches).
 - Two (2) 3 X 3 gauze dressing.
 - Two (2) arm splints, (3 inches x 15 Inches), unpadded.
 - Two (2) leg splints (4 inches x 36 inches), unpadded.
 - Four (4) safety pins.
- Material to build a fire.
 - o Flint and dry wood of different sizes
 - \circ Container
 - o Water bottle with water

Procedure

- 1. Meet at the starting line by the pond, Look for feather flag #1
- 2. Debrief and instructions provided in the starting line.
- 3. The rescue team will receive the approximate location of the accident in GPS coordinates.
- 4. Each team must figure out the direction and distance to travel to the location.
- 5. Upon arrival, the team will make a search line and walk forward to search for victim(s) and/or evidence of the plane crash.
- 6. Each unusual object, for example, metal parts, clothing, bones, etc. found needs to be logged with the following information: name, coordinates, short description, condition.
- 7. Do not touch or remove the object from the field.
- 8. Use ground flags to mark the nearby location of the object without disturbing the area. The distance between the flag and the object should be about 1-3 feet.
- 9. When you find a victim, notify your team members to assess the situation.
- 10. Call the search leaders over the radio and update them on the victim status and your location.
- 11. The rescue team will tend to the victims by applying first aid.
- 12. When the victim is ready for transport, radio for extraction and instructions.
- 13. When a Master Guide flag is found, further instructions will be inside an envelope on the ground.



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- 14. The team will go through several obstacles and challenges. The challenges will be questions related to AY honors and/or physical obstacles. Example of a challenge: Explain what is a topographic map?
- 15. Time will stop when the search team checks back in the starting line.

Training material

<u>Download</u> the additional training material.

Evaluation and scoring Maximum Points:	400 points	
Time: 80 points		
Less than 40 minutes	80 points.	
Each minute after	- 1 point.	
Search and rescue: 100 points		
Each object found	10 points per object (50 max).	
Proper logging, and flagging method	5 points per object (25 max).	
Proper searching method	5 points per object (25 max).	

Knowledge: 230 points

Points will be deducted for the following:

•	Each error in first aid challenge	- 15 points (80 Max)
٠	Building the stretcher incorrectly or unsafe	- 50 points.
٠	Transportation	- 10 points (20 max)
٠	Not solving a challenge on time or correctly	- 30 points (90 max)